

30. April 2016

Self-Introduction of Dr. Noe Noe Kyaw Scholarship Holder 2016

About me

I am Noe Noe Kyaw from Yangon, Myanmar. My parents are U San Myint Kyaw and Daw Nwe Ni Hla. I passed the matriculation examination with four distinctions from No. (1) Basic Education High School, Insein, Yangon, Myanmar in 2006. I studied at the University of Dental Medicine, Yangon for my dental degree. I served my internship at 50 bedded Teaching Hospital , Thingangyun, Yangon and Sanpya General Hospital from January 2012 to June 2012. I received my Dental degree in March 2013.



Dr. Noe Noe Kyaw

Perception and Intentions

- To promote health care system of our country as Myanmar still stands as the developing country and needs to support the better health status.
- To help poor and people in rural areas where there is lack of, health care education, sufficient medication, enough health care practitioners and sufficient financial situation for health care.
- As a Catholic youth, I also would like to support our Catholic community as a Catholic public health professional and to help in voluntary services in the Catholic Churches.
- To prevent the spread of dental and oral diseases especially oral cancer in Myanmar, I would like to impart the dental and oral health knowledge to our community.
- I would like to share the knowledge and experiences to my colleagues and other health related practitioners for supporting our country to be a better health system.
- If I had a chance, I also would like to help the refugees in frontiers who have lack of education and poor income and poor health knowledge.

Dental and Medical Experiences

I had to take various responsibilities in the clinical departments of the University of Dental Medicine , Yangon and 50 bedded Teaching Hospital, Thingangyun from 2009 to 2012. This was my very first post as a dental surgeon. I made diagnosis for patients, restored missing teeth with fixed and removable prosthesis. In addition to that, I had the experiences to deal with child and orthodontic patients. I also performed simple teeth extraction and oral prophylaxis.

And then, I had the experiences of team spirit, time management, community health care and leadership ability during fourth year field trips which were arranged by PCD department. All of the tasks in field trip had to be done in limited time, resources but with teamwork, so working under pressure made our team members stressful. For instance, we had to collect the survey about the oral health conditions of the community within the limited time to get all the criteria so in order to do that we had to manage our time and resources effectively. Moreover, in this teaching hospital, I observed and assisted some operations such as removal of half of the jaw and neck dissection, cyst removal, cleft lip operation, local excision, flap surgery and surgical removal of impacted teeth. Then, some patients' admission, discharge and monitoring the vital-signs were also carried out. And, in preventive and community dentistry (PCD) department, as a team group activity, I went to the primary schools with my group, treated and educated school children about dental knowledge and how to aware and value of their teeth and health care.

As soon as I had graduated, I have been working as an assistant dental surgeon in Mettamon Denal Clinic from May 2013 to now. In this clinic, assisting my mentor Dr. U Myo Mya in every procedure he does, imitating from him and learning from his experiences were done from the very beginning of my duty. As an assistant dental surgeon in this clinic, I took and interpreted X-rays, diagnosed dental problems and implemented treatment plans. I also performed fixed prostheses, cavity fillings and dressings, scaling, extracted teeth, root canal treatments and explained instructions to denture wearing patients. Moreover, I demonstrated proper brushing and flossing techniques and explained the consequences of having too many sugary drinks and snacks and what to do after that.

In addition, I am now working as a volunteer dentist in Myat Kutho Catholic Clinic, Insein, Yangon. I would like to support voluntary services to Catholic Church as much as I can. I am very proud to be served as a Catholic youth in Catholic health promoting programs for Catholic community.

I am also working as an observer in D.O.M (Dental, Oral and Maxillofacial) Clinic. At this clinic, I learned more about the specific surgical treatment for oral cancer and maxillofacial injuries. Unexpectedly, I found that there are many people who are suffering from the oral cancer. Since most of the people are in rural areas and lack of health education in these area so that they only aware of their malignant ulcer in third or fourth stage of tumor which is the most severe condition. Even the people live in urban areas have a habit of betel quid chewing and smoking every day; do not aware the danger of cancer.

So, I came to realize that we must do more specific health care education programs for all our community not only in urban but also in rural areas as well. In our country, rate of oral cancer occurrence is gradually increasing every year. It indicates the worse status of our country's health care system and point out the essential role and need of more public health care practitioners and effective health education programs. So, I am eager to contribute for our community by learning the public health program and want to become a health care practitioner who could promote health care system of our country in effective ways.

Moreover, I worked as a volunteer dentist in Yangon General Hospital in 2015. Although I have experienced many difficult cases in there, I managed to solve them all. However, in this hospital, all factors have to take in account as such financial, education and time management not just treating the diseases of the patients. I have seen a lot of patients there who got awful dental and oral problems which could be preventable if public health status was promoted in our country. Since then, I determined to become great public health care professionals.

Fortunately, I met with a brother who works as a manager role in one of the prestigious non- government organizations. So, I asked about how to become like him because he is doing his job very well and the people's health care in the area that he works are quite satisfactory. At then, he explained me about the learning the master degree and how it has changed his life and Career development. Due to the fact, I made up my mind to persuade the degree in public health.

Therefore, I have tried to search which university should I apply to get valuable public health degree. With great help from seniors, I came across with great esteem university in Thailand, Mahidol University. A systematic education at Mahidol University will be vital for my future career as a public health care professional to contribute administrative patterns of public health matched with Myanmar's realities. I will be able to perform some creative work in reforming Myanmar's existing public health system and make it for a greater multitude of people. In this regard, I deem my proposed study as a very meaningful part of my career pursuit.

However, I couldn't afford to apply because great education comes with a lot of tuition fees. At then when I am about to give up, I found out about the Bettina Kattermann-Foundation's scholarship program (cooperating with KAAD) from Germany. Therefore, I tried to seize the opportunity to apply this scholarship program.

Fortunately, I have been chosen as one of the scholarship grant recipients in 2016. I am very much grateful for your consideration and choosing me for scholarship. Now, I am preparing to attend the Master of Public Health International program in Mahidol University, Thailand with the support of Bettina-Kattermann-Foundation/ KAAD.

With warm gratitude,

Noe Noe Kyaw

Email: noelnoekyaw7@gmail.com